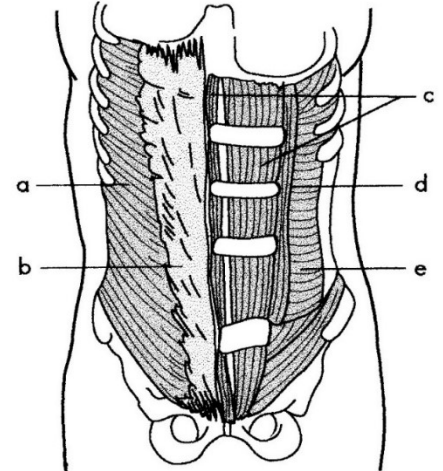


Name: \_\_\_\_\_

## CHAPTER 27 WORKSHEET THE THORAX AND ABDOMEN

**MATCHING**—Match each structure with the appropriate name.

- \_\_\_\_\_ 1. External oblique muscle
- \_\_\_\_\_ 2. Internal oblique muscle
- \_\_\_\_\_ 3. Rectus abdominis
- \_\_\_\_\_ 4. Rectus sheath
- \_\_\_\_\_ 5. Transverse abdominis



**MATCHING**—Match the condition with the correct response.

- |                                |                                    |
|--------------------------------|------------------------------------|
| _____ 6. Hemothorax            | A. Protrusion of abdominal viscera |
| _____ 7. Hernia                | B. Idiopathic condition            |
| _____ 8. Kidney Contusion      | C. Delayed hemorrhage              |
| _____ 9. McBurney's Point      | D. Hematuria                       |
| _____ 10. Pneumothorax         | E. Flex thighs to chest            |
| _____ 11. Ruptured spleen      | F. Appendicitis                    |
| _____ 12. "Stitch in the Side" | G. Air in pleural cavity           |
| _____ 13. Testicular Spasm     | H. Blood in pleural cavity         |
| _____ 14. Traumatic Asphyxia   | I. Cessation of breathing          |

**SHORT ANSWER**—Answer the following questions with a brief response.

15. What is a general rule of thumb for any suspected internal injury? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
16. How can an *acquired hernia* be recognized? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
17. What disease may enlarge and weaken the *spleen*, predisposing it to injury? \_\_\_\_\_
18. What is *Kehr's Sign* and what does it indicate? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
19. What are the signs/symptoms of a *pneumothorax*? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

20. What signs/symptoms and/or other conditions may arise as a result of a *hemothorax*? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

21. Describe the management of an athlete who has had the *wind knocked out* of them. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**LISTING**

List four serious conditions that can result from injuries to the lungs.

- 22. \_\_\_\_\_
- 23. \_\_\_\_\_
- 24. \_\_\_\_\_
- 25. \_\_\_\_\_

List the possible causes of *Sudden Cardiac Death (SCD) Syndrome* among athletes.

- 26. \_\_\_\_\_
- 27. \_\_\_\_\_
- 28. \_\_\_\_\_

**INJURY ASSESSMENT**

29. Your baseball player was stealing second base when he collided with the other team's shortstop. The shortstop fell onto your athlete's chest as a result. It is clearly visible your athlete is now having difficulty breathing and is in great pain and discomfort. What might you suspect happened and what immediate care would you give this athlete?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

30. A female gymnast on the uneven bars was performing a move down to the lower bar when she directly contacted the bar in her mid-abdominal area. As practice continued she became very sluggish, weak and her complexion became pale and cold to the touch. What may have occurred and how will you manage this situation?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_